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# SHAMANIC QABALAH

A Mystical Path to Uniting the Tree of Life & the Great Work

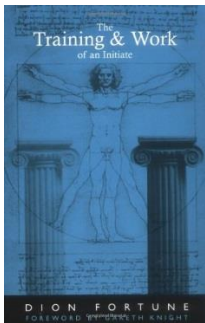
## Additional Resources

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This guide of additional resources will provide you with supplemental books that I recommend assisting you on your pathworking journeys on the Tree of Life. Also, included is a list of recommended music for journeying as well as films that may augment your psychonautic experiences! Click on the title for links to purchase. Enjoy!!!

### Books

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#### **The Training & Work of an Initiate**

by Dion Fortune

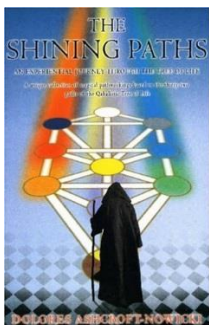
The seminal text how to construct your life path as an Initiate in the Mystery Traditions! Traces the ancient Qabalistic, Greek, and Egyptian roots of the Western esoteric systems, and how the initiation tradition has been handed down from adept to neophyte. Dion Fortune reveals both the broad outlines and underlying principles of these systems, as well as an outline of recommendations for education, character, and conduct.



#### **The Mystical Qabalah**

by Dion Fortune

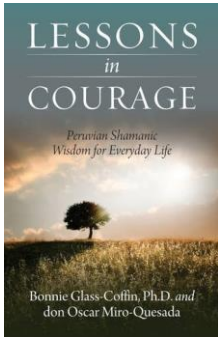
The classic work on Qabalah for the Western Mystery Tradition. This text explores all aspects of the Qabalah, including the esoteric sciences of astrology and tarot, which form the basis of the Mystery school teachings stemming from ancient Egypt and beyond. It provides a key to the practical working of this mystical system for both novice and initiate alike. A must-have text!



#### **The Shining Paths**

by Dolores Ashcroft-Nowicki

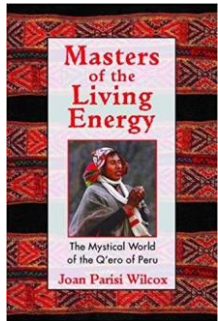
A unique collection of magical pathworkings based on the thirty-two paths of the Qabalistic Tree of Life. These are the journeys I used in my first pathworking. They act as a good introduction to pathworking, a kind of visualization exercise in which the mind-self is projected into a series of situations and landscapes that can be viewed on a mental screen. Each working is preceded by a discussion of the individual path.



**Lessons in Courage: Peruvian Shamanic Wisdom for Everyday Life**

by Bonnie Glass-Coffin, PhD and don Oscar Miro-Quesada

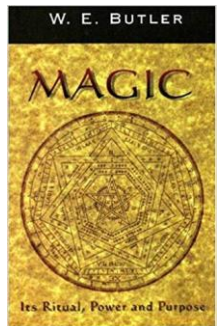
It was a lifelong honor to have *kamasqa curandero* don Oscar Miro-Quesada write a Foreword for *Shamanic Qabalah*. The true story of the lineage of the Pachakuti Mesa Tradition as told by don Oscar himself, along with *curanderismo* expert Dr. Bonnie Glass-Coffin. It is also an excellent primer for the basic concepts of mesa practice. This book is essential to a full understanding of the Peruvian shamanic arts through mesa practice.



**Masters of the Living Energy: The Mystical World of the Q'ero in Peru**

by Joan Parisi Wilcox

This book provides the Quechua side of the mesa practice, the descendants of the Incas. A fun read and easy to understand, it gives insight into the Quechua way of energy healing and their cosmological view of the Universe. This book will provide a deeper understanding of the dynamics of shamanic reciprocity. It was an honor to receive an endorsement from Mrs. Wilcox, as she is one of the leading Quechua experts in the world!



**Magic: Its Ritual, Power, and Purpose**

by W.E. Butler

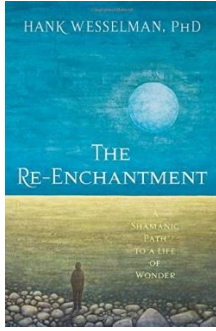
Less shamanic and stemming from the Western Mystery Tradition, this work is useful in the aspect of a psychic / technical analysis of ritual. It also succinctly covers ritual's effects on consciousness as well as definitive explanation of what true magic is. A concise and erudite yet simple, tome!



**Daimonic Reality: A Field Guide to the Otherworld**

by Patrick Harpur

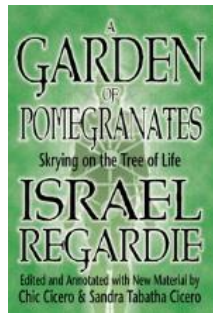
The most crucial book for understanding the world of the supernatural: how it behaves, why it behaves the way it does, and how we may interact with it or how it may interact with us. It is a large work, but worth the study in order to function as a shamanic intermediary between this world and the Otherworld. It also provides a good definition of soul. One of my all-time favorites!



### **The Re-Enchantment: A Shamanic Path to a Life of Wonder**

by Hank Wesselman, PhD

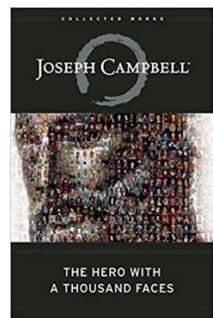
I was thrilled to receive an endorsement from Hank Wesselman, one of the leading anthropologists in the world to bring shamanism into a new light. He book *The Re-Enchantment* offers a compelling blueprint for the emerging transformational spirituality—not a return to the superstition and ignorance of old beliefs, but a “modern upgrade of the path of the shaman” that reconnects us to our inner sources of intuition, power, and healing. Wesselman empowers us to be agents of change through the shamanic path of direct revelation!



### **A Garden of Pomegranates: Skrying on the Tree of Life**

by Israel Regardie (including Sandra and Chic Cicero)

A Qabalah classic, Regardie was a student of Aleister Crowley. This book provides an intensive study of the Tree of Life, the meaning of initiation, as well as a comprehensive series of pathworking journeys into the paths and Sephiroth. Required for every aspiring magic or mystic’s collection!



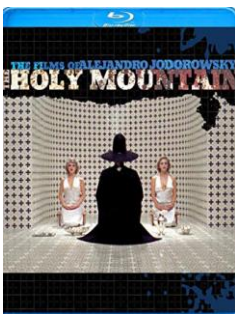
### **The Hero with a Thousand Faces**

by Joseph Campbell

This seminal work by mythologist Joseph Campbell is one of the most comprehensive guides to the myths and symbols inherent in all religious and stories around the world. A must read for any aspiring occultist or shamanic adept, as this breaks down the common journey we all take in our soul’s path as conscious beings on this planet.

## Films

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### **The Holy Mountain**

directed by Alejandro Jodorowsky

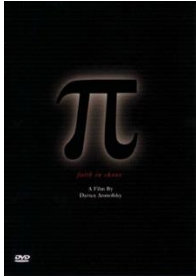
This 1973 film is a mind-altering trip for fellow psychonauts. Jodorowsky is well-versed in the lore of initiation. This movie is not for entertainment. It is an initiatory experience. Be prepared for disturbing and triggering imagery; Jodorowsky is not trying to be extreme for the sake of being extreme but attempting to truly take the viewer on a journey of consciousness through the imagery of the Great Work. You have been warned!



### **A Dark Song**

directed by Liam Gavin

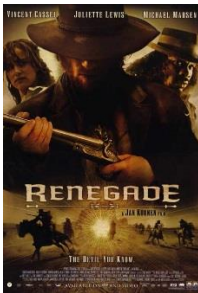
A more recent movie that very quickly made its on my list of [top 5 favorite films](#) of all time. I believe this movie provides the best depiction of magick in Western occultism than any other movie I have seen. The story revolves around the Abramelin Operation and you can [read a more thorough review of the film on my website](#).



### **Aronofsky Film Trilogy**

directed by Darren Aronofsky

[I have a theory](#) that the three films by Darren Aronofsky—[Pi](#), [The Fountain](#), and [Noah](#)—are all based upon various grades of initiation on the Tree of Life, or at least corresponding to the three Triads. Draw your own conclusions, either way they all mine fine contributions to any cinematic library.



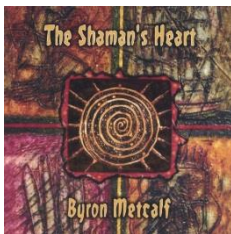
### **Renegade**

directed by Jan Kounen

Based on the French comic Blueberry (also the original title of the film), this film has been termed a psychedelic Western which can leave one scratching their heads at the plot development. However, the final showdown is a psychedelic trip induced by plant sacraments facilitated by shamans so it well worth the watch. A fun time!

## Music

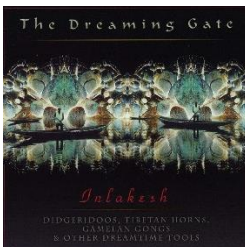
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### **The Shaman's Heart**

by Byron Metcalf

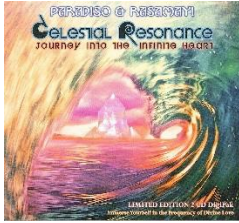
You can't go wrong with any of [Byron Metcalf's work](#), a percussionist from Arizona who creates some of the greatest ambient music in the business. The Shaman's Heart is a good primer, but any selection of his long list of albums will be perfect for meditation or psychonautic journeys of all kinds.



### **The Dreaming Gate**

by Inlakesh

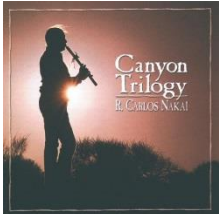
This or any album by the didgeridoo duo of Rob Thomas and Tanya Gerard, Inlakesh is perfect for journey work. You can also check out their album [The Gathering](#) or their team-up with Byron Metcalf, [Medicine Work](#).



### **Celestial Resonance**

by Paradiso & Rasamayi

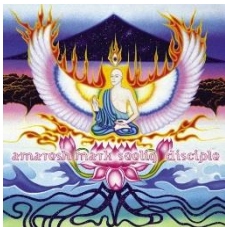
This husband-wife duo are a local KC flavor! Their cosmic sound includes a wide array of didgeridoos and singing bowls that are bound to send anyone flying through the cosmos.



### **Canyon Trilogy**

by R. Carlos Nakai

Native American flutist Carlos Nakai is a legend and I consider this to be one of his greatest works. This album is mesmerizing and is perfect for connecting with the natural forces of the Earth.



### **Disciple**

by Mark Seelig

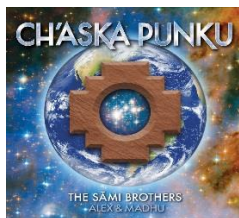
Another ambient favorite, Mark Seelig is a specialist in the Bansuri, the North Indian bamboo flute. This works hearkens to Indian classical Ragas and chants. Highly recommended for those higher realms.



### **Activation Sounds**

by Chakuna Machi Asa

Chakuna Machi Asa deep tones with her voice to replicate the vibrational pattern of each energy center within the human body. A great piece for meditation, journey work, or relaxation.



### **Ch'aska Punku**

by The Sami Brothers

Ch'aska Punku means "Star Portal," and this album is certainly a doorway into the stars! Madhu and Alex have created the seminal album of the Pachakuti Mesa Tradition and are strong carriers of medicine. I love these guys (both personally and musically); they are the real deal!